



WESTLAKE RECREATION SUMMER LEAGUE

RULES

Roster

- Teams consist of 8-10 players. Players must be on roster. You may not bring in any players who are not registered in our league.

Uniforms

- Uniform t-shirts must be worn to every game. They may not be altered in any way. (sleeves cut off, etc.)
- No jewelry will be permitted including rubber bracelets. If ears are pierced and earrings cannot be removed, they must be covered in band-aids.

Conduct

- Unsportsmanlike conduct, foul language, fighting etc. will not be permitted and will be reason for ejection from the league.
- Referees call may not be disputed.

Coaching

- There is no adult coaching allowed (this includes coaching from the stands.) The players will coach themselves. All substitutions and coaching decisions will be made by the players. Adults are to be spectators only. Please be positive role models for the players.

Games

- Will consist of two sixteen minute halves – running clock except last 2 minutes of the 2nd and 4th quarter.
- There will be a 5 minute halftime.
- Equal playing time for all players will be enforced.
- Team fouls will be kept. 1 and 1 after 7 fouls, two shots after 10 fouls.
- 1 timeout per half.
- All other Ohio High School Athletic Assoc. rules prevail.

Overtime

- One 2 minute overtime period if needed. 1 additional timeout per overtime.