

# RED CROSS COURSES

## Water Park Lifeguarding/ Shallow Water

This course designed by the American Red Cross teaches individuals the necessary skills to become a professional lifeguard in today's aquatic facilities. Before beginning the class, participants **MUST** be able to demonstrate the following prerequisite skills:

The participant must be age 15 by the last day of class - proof of age (birth certificate or driver's license) is **REQUIRED**. Attendance and participation in all sessions is **MANDATORY!** Certifications will be issued upon successful completion of the class in Lifeguarding/Water Park/Shallow Water/First Aid and CPR/AED. Max of 20. Register by one week prior to class start. January class will be held entirely at the Recreation Center. Class will combine in person learning and skills and in-home computer lessons for those March, April and May.

203319-07 Mon, 4/29 from 6-8pm, Sunday, 5/5 & 5/12 from 9:00am-5:00pm

303319-08 Tues, 5/28 from 6-8pm, Sunday, 6/2 & 6/9 from 9:00am-5:00pm

\$175 per participant



## Lifeguard/ CPR-AED Review

Open to anyone currently certified as an American Red Cross lifeguard that would like to renew his or her certification. The skills will be reviewed and students will be tested. Upon successful completion new certificates will issued. **Students must provide their own pocket masks. Must register no later than one week prior to the class date listed. This is a 2 day in person course along with self study.**

303319-05 Sun 5/5-5/12 9:00am-5:00pm

303319-06 Sun, 6/2 & 6/9 9:00am-5:00pm

\$100 per participant



## Babysitting (ages 11-14)

This training course gives babysitters the information and skills necessary to provide safe and responsible care for children in the absence of parents or adult guardians. This training will help participants develop skills in leadership and professionalism, basic care, safety and first aid. Students must bring a lunch, a pen and a doll to class. Max 12. Ann Hollows, instructor.

Time: 8:30am-3:00pm

203319-01 Tues, 4/23

303319-01 Tues, 6/11

\$40 Member / \$50 Non Member



Information is subject to change. Visit us at <https://www.cityofwestlake.org/Recreation>.