

# CHILDREN'S PROGRAMS (UP TO 6 YEARS)



## Coach Besu's Little Kickers (ages 4-6)

WHS Soccer coach Mike Besu and players will be giving instruction to future soccer stars. Each week will focus on the basic skills needed to play. Players will be given instruction for ½ hour then play a mini game for the other ½ hour.

Time: 12:00-1:00pm  
 201131-01 Sun, 4/19-5/17  
 \$45 Member / \$55 Non Member



## Hummingbird Soccer (ages 3-4)

Children have fun and learn the basics of soccer in an age-appropriate program. Players learn dribbling, passing, trapping, shooting, defending, and positioning. Each session consists of instruction in all aspects of the game, participation in fun drills designed to teach skills, and fun, low-key, non-competitive games. Please note you may play at either time within your session time slot.

201131-02 Fri, 4/10-5/15 games will either be at 5:30pm or 6:30pm  
 301131-09 Tues, 6/9-7/14 games will either be at 5:30pm or 6:30pm  
 \$80 Member / \$90 Non Member

## Junior Hoopsters Basketball (ages 4-7)

This is a fun introduction to the game of basketball for boys and girls. Dribbling, passing, shooting and defense are all taught in this five-week format that your young player will thoroughly enjoy. Start smart....learn the right way to play! Spots fill quickly, so register today! For more information about experienced Academy please visit:

<https://www.swacademybasketball.wixsite.com/basketball> or contact Sue Watkins at 440.622.6163.  
 301108-04 Sat, 5/16-6/13 10:30-11:15am  
 \$65 Member / \$75 Non Member



## T-Birds T-Ball (ages 3-4)

A fun and highly instructional introduction to baseball for boys and girls. Players learn the basics of throwing, catching, fielding, batting, and base running, and then apply what they have learned in fun, non-competitive games.

Jump Start Sports staff members conduct the instruction and oversee the game play while volunteer parent team coaches assist. This program runs much smoother with parent help! Parents have the option to either be a committed weekly coach or just be involved and help out with simple tasks whenever they are able to attend the program. Max of 48. Please note you may play at either time within your session time slot.

Dates: Sat, 4/4-5/9  
 201101-04 Early session - games will either be at 9:00 or 10:00am  
 201101-05 Late session- games will either be at 11:00am or noon  
 Dates: Sat, 6/13-7/25 (no class 7/4)  
 301101-12 Early session - games will either be at 9:00 or 10:00am  
 301101-13 Late session- games will either be at 11:00am or noon  
 \$80 Member / \$90 Non Member



## Pony Lessons Jr. (ages 2-6)

Learn to groom ponies, play with them, and ride them. Wear long, loose fitting pants and flat shoes- tennis shoes are fine. Bring a bike or riding helmet to class. Max 8. Directions will be provided.

206635-02 Sat, 4/4-4/11 12:30-1:15pm  
 206635-05 Thurs, 4/23-4/30 4:00-4:45pm  
 206635-06 Tues, 5/5-5/12 4:00-4:45pm  
 306635-01 Wed, 6/17-6/24 4:00-4:45pm  
 306635-02 Thurs, 7/9-7/16 11:30am-12:15pm  
 306635-03 Tues, 8/4-8/11 4:00-4:45pm  
 \$43 Member / \$48 Non Member  
 Pony Tales Farms in Columbia Station



## Disclaimer regarding printed material

We do our best to ensure that all printed information is accurate to the best of our knowledge. Participants will be notified if there is a change in date or time. Changes will be posted at the Recreation Center along with changes on our website. Check out our website at <http://www.cityofwestlake.org/recreation>.

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## PreK Open Gym (ages up to 5)

What a better way to spend the morning than to run around in the gym playing and having fun. We will set up some of our play toys and let the kids use their imagination. Parent supervision is required and all parents must remain in the gym with your child(ren). There is a charge for every child regardless of age. Sign in at the desk with your punch card.

Time: 9:00-10:30am on Tues and Thurs, 3/10-4/9  
 \$2 per day or buy a 10 session punch card for \$18 (expires 4/9)



## Pre K Coach Summer Movement Camps (ages 3-6)

Take a break from the heat and have your young child learn through movement and sports! This 3 day camp, 30 minute movement class will provide a non-competitive fun approach to fitness, strength, coordination and basic skills for popular ball sports. Class outline is Warm-Up, Stretch, Sport/Game, Parachute and Stamp. \*Please note: Parents are not required to participate but need to be in view of the classroom. Min 6 / Max 14

Time: 1:00-1:30pm  
 301138-01 T-TH, 6/16-6/18  
 301138-02 T-TH, 7/14-7/16  
 \$35 Member / \$45 Non Member

## Tot Room (ages 6 months - 9 years)

Members may enjoy dropping off their children ages 6 months and older provided that the number of kids under the age of 3 during that time has not been met. For complete set of guidelines, please stop by the Tot Room as our CPR certified staff will be more than happy to answer any of your questions or call 440.808.5700. Cost is \$2.50 per hour or purchase a 10 hour punch card for \$20.

### Hours

**Monday -Friday** 8:00am-12:00pm  
**Monday - Thursday** 4:30-8:30pm  
**Saturday** 8:30am-12:00pm  
 Saturday hours are only during Sept- July



# CHILDREN'S PROGRAMS (UP TO 6 YEARS)



## Move and Groove (ages 1-3)

Our soundtrack of fun songs will delight your preschooler. This pre-dance and tumble program promotes coordination, strength, flexibility, and spatial awareness. Instructor will work individually with students. Communities in Motion Dance instructor

Time: 9:15-9:45am

- 102214-06 Sat, 3/21-4/11
  - 202214-04 Sat, 4/25-5/16
  - 302214-05 Sat, 6/6-6/27
  - 302214-06 Sat, 7/18-8/8
- \$42 Member / \$52 Non Member

## Little Hip Hop and Tumble (ages 3-5)

Children will perform hip hop moves to upbeat "kid-friendly" music, enjoy games and activities while learning beginner through intermediate level tumbling skills. This class promotes the development of coordination, strength, balance, flexibility, and spatial awareness. Each session will end with a performance for family and friends. Communities in Motion Dance instructor

Time: 10:15-11:00am

- 102214-03 Sat, 3/21-4/11
  - 202214-01 Sat, 4/25-5/16
  - 302214-02 Sat, 6/6-6/27
  - 302214-03 Sat, 7/18-8/8
- \$54 Member / \$64 Non Member



## Kidz VibeZ (ages 3-5)

Kidz VibeZ is a Pre-Dance and Beginner dance class. It will incorporate Hip Hop, Jazz, Pom and basic Ballet steps. Fun choreography with mini performances throughout the year for parents to come and watch. Led by Instructor Ashlyn Hricko. All classes closed to parents, please. Min 4 / Max 8

Time: 4:30-5:15pm

- 104412-04 Tues, 3/24-4/28
  - 204412-01 Tues, 5/12-6/16
  - 304412-01 Tues, 6/30-8/4
  - 404412-01 Tues, 8/25-9/29
- \$50 Member / \$60 Non Member

## Baby Ballet (ages 1-2)

Join us for this first dance for your tiny dancer. This class is a combo of our Move and Groove and Itty Bitty Ballet. Fun song and dance routines, nursery rhymes, as well as props will be used in this class. Communities in Motion Dance instructor

Time: 6:00-6:30pm

- 104401-07 Thurs, 3/19-4/9
  - 204401-05 Thurs, 4/23-5/14
  - 304401-06 Thurs, 6/4-6/25
  - 304401-07 Thurs, 7/9-7/30
- \$42 Member / \$52 Non Member

## Itty Bitty Ballet (ages 2-3)

This class is designed for the tiny dancer and parent/caregiver. The class is full of fun songs and will give your little dancer exposure to ballet without the structure of Preschool (Princess) Ballet. Come enjoy the class in your favorite ballet outfit.

Communities in Motion Dance instructor

Time: 9:45-10:15am

- 104401-10 Sat, 3/21-4/11
  - 204401-08 Sat, 4/25-5/16
  - 304401-09 Sat, 6/6-6/27
  - 304401-10 Sat, 7/18-8/8
- \$42 Member / \$52 Non Member



## Preschool Ballet (ages 3-5)

Join our fun Ballet movement class. Here you'll learn basic ballet terminology, positions, stretching, balance, and coordination. Ballet attire if desired. Communities in Motion Dance instructor

Time: 5:30-6:00pm

- 104401-13 Thurs, 3/19-4/9
  - 204401-11 Thurs, 4/23-5/14
  - 304401-12 Thurs, 6/4-6/25
  - 304401-13 Thurs, 7/9-7/30
- \$42 Member / \$52 Non Member



Information is subject to change. Visit us at <https://www.cityofwestlake.org/Recreation>.