

# SCHOOL AGED PROGRAMS

## Kidz VibeZ (ages 6-8)

Kidz VibeZ is a Pre-Dance and Beginner dance class. It will incorporate Hip Hop, Jazz, Pom and basic Ballet steps. Fun choreography with mini performances throughout the year for parents to come and watch. Led by Instructor Ashlyn Hricko. All classes closed to parents, please. Min 4 / Max 8  
204412-02 Tues, 4/16-5/21 5:30-6:15pm  
304412-02 Tues, 6/4-7/9 5:30-6:15pm  
\$50 Member / \$60 Non Member



## Hip Hop Dance and Tumble (ages 5-13)

Children will enjoy fun, upbeat hip hop routines, games and activities, as well as tumbling skills. This type of class is beneficial because we work on coordination, strength, balance, flexibility, and spatial awareness.

Ages: 5-8  
Time: 4:45-5:15pm  
202214-07 Thurs, 5/9-5/30  
302214-08 Thurs, 6/6-6/27  
302214-09 Thurs, 7/18-8/8  
\$42 Member / \$52 Non Member

Ages 9-13  
Time: 11:00-11:45am  
202214-10 Sat, 5/11-6/1  
302214-11 Sat, 6/8-6/29  
302214-12 Sat, 7/20-8/10  
\$54 Member / \$64 Non Member



## Disclaimer regarding printed material

We do our best to ensure that all printed information is accurate to the best of our knowledge. Participants will be notified if there is a change in date or time. Changes will be posted at the Recreation Center along with changes on our website. Check out our website at <http://www.cityofwestlake.org/recreation>.

## Pony Lessons (ages 7-12)

Children will learn introductory riding basics, general horse care, grooming, saddling, bridling, safety issues and stable care. Wear long, loose fitting pants and flat shoes- tennis shoes are fine. Bring a bike or riding helmet to class. Max 8. Directions will be provided.

206635-01 Sat, 4/6-4/27 12:30-1:20pm  
206635-04 Wed, 5/1-5/22 5:00-6:00pm  
306635-04 Tues, 6/4-6/25 5:00-6:00pm  
306635-05 Wed, 7/10-7/31 10:00-11:00am  
306635-06 Tues, 8/6-8/27 5:00-6:00pm  
\$93 Member / \$98 Non Member  
Pony Tales Farms in Columbia Station



## Junior Hapkido (ages 5-13)

The Hapkido Martial Arts Program and instructor Randy LePrevost will help develop the "Yes I can attitude". If you think martial arts is just kicking and punching, think again! Some of the greatest benefits you can give your child are those of increased concentration, self-discipline and focus. In addition to our physical curriculum, we also teach the value of goals, knowledge and persistence. Belt testing fee of \$20 payable to instructor. Max 30.  
Time: 5:30-6:15pm

202210-02 M/W, 4/1-5/1  
202210-03 M/W, 5/6-6/10 (no class 5/27)  
302210-01 M/W, 6/12-7/15  
302210-02 M/W, 7/17-8/26 (no class 8/12, 8/14)  
\$50 Member / \$60 Non Member

## Babysitting (ages 11-14)

This training course gives babysitters the information and skills necessary to provide safe and responsible care for children in the absence of parents or adult guardians. This training will help participants develop skills in leadership and professionalism, basic care, safety and first aid. Students must bring a lunch, a pen and a doll to class. Max 12. Ann Hollows, instructor.  
Time: 8:30am-3:00pm

203319-01 Tues, 4/23  
303319-01 Tues, 6/11  
\$40 Member / \$50 Non Member

# YOUTH BASKETBALL AND VOLLEYBALL PROGRAMS

## High School Sand Volleyball League

Grab some friends and see if you have what it takes to win the first ever Westlake rec high school sand Volleyball league. This is a coed league designed to bring out the best in all participants no matter skill level. Register up to 9 players per team. Co-ed 6 v 6 format, 3 girls 3 guys. 10 players max per team – 6 minimum. 8 week regular season + playoffs.

301124-04 Wed, 6/12-8/21(no 8/14) 7:00-9:00pm  
\$80 per team

## Westlake Volleyball Clinic (Grades K-6)

Come out to participate in a fun volleyball clinic. Participants will be broken into 2 groups (grades K-3 & 4-6). Skills & Drills will be introduced and taught during this 4 week clinic. Players will learn to serve, pass and set as well as learn the rules of the game. As players progress, more advance drills will be introduced. Staff: Dana Wolfe, Southern Illinois University Volleyball Hall of Fame

Dates: Wed, 5/1-5/29 (no class 5/8)  
201106-01 Grades K-3 6:00-7:30pm  
201106-02 Grades 4-6 6:00-7:30pm  
\$65 Member / \$75 Non Member

## Saturday Hoopsters (ages 7-14)

Hoop It Up and Keep On Moving! Whether your son or daughter is an experienced player looking for a great way to sharpen skills or they are just beginning, 'Saturday Hoopsters' has a class for all levels! Each player will receive comprehensive instruction by experienced coaches on the fundamentals of the game - ball handling, shooting, and footwork - in this five-week format. Saturday Hoopsters teaches the game in a fun, interactive way and classes fill up quickly. Reserve your spot today! For more information about Academy Basketball instructors, Sue Watkins and Tenesha Connor, please visit:

<https://www.swacademybasketball.wixsite.com/basketball> or  
contact Sue at 440.622.6163.  
301122-06 Sat, 6/1-6/29 11:30am-12:30pm  
\$70 Member / \$80 Non Member

## Maggie Ferrando Basketball Clinics (Grades K-8)



Come and develop your basketball skills and have lots of fun under veteran coach Maggie Ferrando. These 1 hour sessions are for girls and boys in grades kindergarten through 8th grade. Your child will learn the fundamentals of the game and use this knowledge to improve their skills and level of game play.

Coach Ferrando has a career as a player and as a coach. As a player, she played at Magnificat High School, St Francis College (NY), and Notre Dame College (OH). Her coaching career has taken her from Notre Dame College as an assistant coach, to North Olmsted High School girls' varsity coach and St. Joseph Academy. She has amassed over 170 wins at the high school level. Indicate shirt size at time of registration.

For more information contact: [maggieferrando22@yahoo.com](mailto:maggieferrando22@yahoo.com)  
Dates: Tues, 4/9 - 4/30 \*no session 4/23 for Easter break

201122-01	Grades K-4	6:00-7:00pm
201122-02	Grades 5-6	7:00-8:00pm
201122-03	Grades 7-8	8:00-9:00pm
Dates: Tues, 7/9-7/23		
301122-10	Grades K-4	9:00-10:00am
301122-11	Grades 5-6	10:00-11:00am
301122-12	Grades 7-8	11:00am-12:00pm

\$60 Member / \$70 Non Member



## Summer Basketball Clinic (ages 8 - 14)

A middle-of-the summer tune-up for players of all skill levels... Academy Basketball will assess your strengths and assist with areas of difficulty. Learn new drills to up your game. For more information about Academy Basketball's experienced instructors, Sue Watkins and Tenesha Connor, please visit:

<https://www.swacademybasketball.wixsite.com/basketball> or  
contact Sue at 440.622.6163.  
301122-08 Sat, 8/24 11:00am-1:30pm  
\$50 Member / \$60 Non Member

## YOUTH SPORTS ASSOCIATIONS

- Boys Baseball: <http://www.westlake-baseball.com/>
- Girls Softball: <http://WGSAonline.org/>
- Westlake Youth Football: <http://www.westlakeyouthfootball.org/home.php>
- Westlake Soccer Association: <http://www.westlakesoccer.org/>

Information is subject to change. Visit us at <https://www.cityofwestlake.org/Recreation>.