

Fifty Plus

The City of *Westlake* Ohio
www.cityofwestlake.org

Dennis M. Clough, Mayor

Senior and Community Services Department

Volume 31, Issue 2

February 2019

MAIN LUNCH—DAY AWAY VALENTINE'S CELEBRATION

Wednesday, February 13

11:00. Greg Piscura returns to Westlake for a celebration of our favorite romantic songs. Greg is a retired teacher who loves the songs of great vocalists such as Frank Sinatra, Tony Bennett, Vic Damone, Johnny Mathis and many more. He has been singing in nightclubs and for special occasions in the Cleveland area for over 30 years. Greg will share his velvet voice with us as we celebrate the holiday of love. (Favors sponsored by Home Instead Senior Care. Centerpieces sponsored by Brighton Gardens.)

12:00. Lunch. *Chicken Cutlet with Mustard/Ginger Sauce over Rice Pilaf, Green Beans Almandine, Carrot-Raisin Salad, Red-Velvet, Cake, Coffee/Tea.*

Cost \$10; payable by 2/6.

OSCAR PARTY 😊

Friday, February 15

11:00—1:00pm. Get ready to channel your inner celebrity, put on your party fashions and prepare to walk the Red Carpet...it is Oscar time once again. We start with some fun, games and finger foods followed by a documentary to help us get a peek inside of the world of movie making. **Keepers of the Magic** celebrates the breathtaking cinematic images that have transfixed audiences around the world. This ground-breaking documentary explores our fascination with moving images and provides insight into how cinema's most iconic moments came to be. Most of all, it honors the great masters of cinematography, unsung heroes whose vision and talent was always right before our eyes. (78 min.) **Don't miss the fun for our 5th annual Oscar Party!** (Goodie bags provided by Rocky River Gardens, Punch provided by Independence Village.)

Cost \$2; payable by 2/8. Limited Seating.

COFFEE AND COLORING

Friday, February 8

1:00. *Coloring is not just for kids.* The benefits you may experience from coloring include brain relief, a lowering of stress and anxiety levels, positivity, mindfulness and creation rather than consumption. We welcome you to join us for this new monthly program.

RSVP by 2/6.



HISTORY—WALT DISNEY

Thursdays, February 21—March 14

10:00. Few people have made an impact on our collective lives in the 20th Century as Walt Disney. Come hear about his life, his friends and the people who helped him realize his dreams. We discover Walt in four parts: his life, Making Disneyland, Making Disneyworld and Disney Parks and oh yes, we will meet an iconic Mouse. **Bob Wills** presenter. (3/7 program sponsored by Hanson Services.)

Cost: \$10 for series; payable by 2/14.

HEALTH SCREENING 😊❤️

Tuesday, February 26

10:00—12:00. Come in for FREE, one-stop screenings for important health issues. Our annual screening day allows you to stay in the know about many health issues. We will provide glucose and cholesterol testing, blood pressure screening, balance screening, hearing tests, glaucoma tests, depression screening, and chiropractic screenings. (Sponsored by UH St. John Health Center, Equity Trust, Cleveland Hearing and Speech Center, Far West Center and Costco.)

RSVP by 2/22.

TED TALK—SPAM 😊

Tuesday, February 26

1:00. One of the most watched TED talks of all time is 10 minutes of solid laughs. Join **Director, Lydia Gadd**, in viewing "This is what happens when you reply to spam email", by **British comedian James Veitch**. After enjoying a few laughs together, we will follow-up with a discussion on scammers and how to tell if someone or something is trustworthy.

RSVP by 2/22.

Contents

Activity Programs	1-6
Movies	5
Fitness	6
Health	6
Support Groups	6
Social Services	7
Travel (Back of calendar)	

**AARP TAXES 😊
BY APPOINTMENT ONLY
Mondays**
**February 4—April 8
(Not 2/18)
12:00—3:00**

IRS-certified AARP volunteers will provide FREE tax assistance to older adults who need help preparing their tax forms. Bring last year's tax forms and paperwork received in the mail. Due to identity theft issues, you are required to bring in a valid photo ID or Social Security card and you must be present when your taxes are being prepared. **Call 440-899-3544.**

TECHNOLOGY SUPPORT 😊
**Monday, February 25
2:00 & 2:30**
Meet at Hyland Software.

Volunteers will assist you in 30 minute help sessions. Bring the device you need assistance with. Directions provided.

Call 440-899-3544 for appt.

**CITY OFFICES ARE CLOSED
on Monday, February 18
IN OBSERVANCE OF
PRESIDENT'S DAY**

ALICE WILLS PRESENTS: 😊
THE HOOVERS—OUR FIRST WHITE HOUSE WESTERNERS
Tuesday, February 5

10:00. Lou and her Bert were vastly different yet they had much in common and they were soul mates. Rock hunting in America and China, danger and adventure filled their early life. Great wealth, charity and despair filled their years in politics. Come learn how they built a legacy in action and in their dedication to each other. (Sponsored by O'Neill Healthcare Bay Village.)

RSVP by 1/30.
LUCY HAYES—FIRST FIRST LADY
Tuesday, February 12

10:00. Lucy was a college graduate and no ordinary housewife. A happy childhood helped her become the cheerful companion and supporter of her husband, Rutherford through the presidency and his time of need. A veteran of the Civil War in her own way, she dealt with her husband's danger and she supported the brave soldiers. Though often criticized, she was extremely well loved by Americans. Find what made Lucy so unique and what tickled her pink. (Sponsored by Right at Home.)

RSVP by 2/5.
EDITH ROOSEVELT—EDITH AND THEE
Tuesday, February 19

10.00. As children, Edith nicknamed Theodore, "Thee". She was his first love and, sometimes, soul mates don't seem to match up perfectly. She was neat and calm while he was bombastic and wild. Learn how they bonded and parented their White House "gang" while we learn more about Edith's character, her joys and grief, and her wit. Find out why many have said there couldn't be a better wife for Theodore Roosevelt than his Edie. (Sponsored by Rae-Ann.)

RSVP by 2/12.
SUGAR BUSTERS SUPPORT GROUP 😊❤️
Fridays, February 1 & 15

1:00-2:00. This peer run support group is for people who are looking to break the sugar habit. The group offers many opportunities to share ideas and discuss the downfalls of sugar addiction.

RSVP by one day prior to each date.
MEN'S MORNING—EUCLID BEACH PARK 😊
CLEVELAND'S MOST BELOVED AMUSEMENT PARK
Wednesday, February 6—Note earlier date!

9:45. Breakfast: A wonderful winter breakfast prepared by **Marie.**

10:00. John Frato, Euclid Beach Park Grand Carousel expert and Training and Volunteer Coordinator of the Western Reserve Historical Society is here to present: food, rides and attractions. Why is Euclid Beach Park so very memorable? Learn about its early beginnings in 1895 and reminisce about its heyday through its final days in 1969. Relive those special memories that Euclid Beach Park holds.

RSVP by 1/31.
NEWS & VIEWS 😊
Wednesday, February 6

11:00. Join **Janet Carnall** as she discusses current world events. Janet's extensive knowledge leads to lively discussions about today's trending news topics.

RSVP by 2/5.

**AGING ALONE** 😊❤️**HOW TO CLEAR YOUR CLUTTER****Wednesday, February 6**

10:00. A cluttered living space decreases your ability to stay safe in your home and makes it harder to manage your home as you grow older. **Karen Ramba of Caring Transitions** will discuss methods of clutter busting and help you develop a plan to create a safe, healthy living space.

RSVP by 2/5.**A NEW WEIGH OF LIFE** 😊❤️**Tuesday, February 12**

10:00. Stress and Anxiety often derail all of our plans and intentions to live a healthier lifestyle. **Bob Piovarchy of Far West Center** will discuss the effects that stress and anxiety can have on our physical health and teach coping mechanisms to put stress in its place and keep you on a healthy track.

RSVP by 2/8.**BRAIN HEALTH** 😊❤️**Wednesday, February 13**

1:00. Don't let the cold keep you at home. Come out for fun and challenging brain games led by **Lisa Anthony of Arden Courts**. She will warm you up with games to get your brain working and lots of laughter.

RSVP by 2/12.**ESTATE PLANNING BASICS WITH LUNCH** 😊**Tuesday, February 19**

11:00. Wills, Trusts, Probate Avoidance, Medicaid, Special Needs Planning and more. Elder Law attorney, **Elizabeth Perla**, will educate you on estate planning instruments and techniques. Learn your options and what estate planning can do for you and your family. Bring your questions and get informed. (Presentation and lunch sponsored by Elizabeth Perla Law.)

RSVP by 2/12.**AT THE MOVIES – MY FAIR LADY** 😊**Friday, February 22**

9:30. Like a book discussion group....only with movies! Be prepared to discuss following the film. This month's selection takes a look at an Oscar-winning combo of the musical and romantic **My Fair Lady**. Starring: Rex Harrison, and Audrey Hepburn. *In this beloved musical, pompous phonetics professor Henry Higgins is so sure of his abilities that he takes it upon himself to transform a Cockney working-class girl into someone who can pass for a cultured member of high society. His subject turns out to be the lovely Eliza Doolittle who agrees to speech lessons to improve her job prospects. Higgins and Eliza clash, then form an unlikely bond -- one that is threatened by an aristocratic suitor.* (G; 165 min. Comedy/Drama/Romance.)

Pizza lunch served during the movie with brief discussion to follow. (sponsored by Homewatch Caregivers.)

RSVP by 2/15.**STORYTIME AT WESTLAKE PORTER PUBLIC LIBRARY** 😊🌸**Monday, February 25**

12:30. Join **Joanne Penkalski** as she shares short stories that will warm your heart with happiness and love.

RSVP to Westlake Center by 2/20. You are welcome to bring a brown bag lunch.

MEET AND EAT**Monday, February 11**

12:00. **Matteo's** Italian Restaurant is located in the Grand Pacific Junction of Olmsted Falls. Here you will find that Grandma Matteo's original recipes have been enriched to create an exclusive variety of dishes. Matteo's presents a little bit of home in every bite. Come share their tradition of family, good friends and great cuisine. **Lunch is on your own.**

RSVP by 2/4.**JANET CARNALL****POLE TO POLE: AND SUNDRY PLACES IN-BETWEEN****Wednesdays, February 13 – March 20**

1:00. The Arctic and Antarctic, located at opposite ends of our planet, are usually thought of as homogeneous – cold, dark and remote. Actually they are quite different. We will discuss their geography, geology, wildlife, exploration, scientific research, climate, politics and more. We will also take time to visit a few fascinating, adjacent, off the normal tourist trail sites, including Patagonia, Greenland, Tasmania and the Queen Elizabeth Islands of Canada.

Cost: \$10; payable by 2/6.**HAPPY HEALTHY HEART** 😊❤️**Wednesday, February 20**

11:00. In honor of American Heart Month, come learn how to have a "Happy Healthy Heart" presented by **Ideal Home Health**. Discover ways to a healthier heart and how to manage heart disease.

RSVP by 2/15.**MUSIC BINGO** 🌸**Thursday, February 21**

10:00. This entertaining form of Bingo is exciting and fun, using familiar music of the big band, golden oldies, crooners and songs of the 50's-70's along with a fun host.

Lunch. Sandwich, chips and dessert. (Sponsored by Rocky River Gardens.)

Cost \$4; payable by 2/14.

TED SMITH – THE BEST MEDICINE ♥**Mondays, February 25 – April 1**

1:00. What is humor's and laughter's effect on the brain? The psyche, mental health? How do emotions affect our physical health? Western medicine is coming to grips with how a patient feels about their condition as a determining factor in recovery. (Series partially sponsored by The Abbewood, Home Care by Callos and Brookdale Senior Living.)

Cost for series \$10; payable by 2/19.**INTERESTING PEOPLE** 😊**TRICKY DICK AND THE MAN IN BLACK****Wednesday, February 27**

9:30. Netflix original 2018 documentary chronicles Johnny Cash's 1970 visit to the White House, where Cash's emerging ideals clashed with Richard Nixon's policies.

RSVP by 2/22. (58 min.)**REMINISCING GROUP** 😊 ♥**Tuesday, February 26**

10:00. Reminiscing can play an important role in helping people integrate and connect with one another as well as provide positive momentum by helping us get to know each other. Join Michele for this valuable program. Light refreshment.

RSVP by 2/22. (Refreshment provided by Parkside Villa.)**SING ALONG LUNCH** ✨**Wednesday, February 27****11:00.** Kent Cicerchi entertains on the piano.

(Sponsored by Brookdale Senior Living /Westlake Village.)

12:00. Lunch. Kielbasa Veggie Bake, Ciabatta Roll with butter, Vanilla Wafer cake with French Vanilla Ice Cream, Coffee/Tea.

Cost \$7; payable by 2/21.**COMING IN MARCH****MEN'S MORNING—MISFORTUNE ON CLEVELAND'S MILLIONAIRES ROW** 😊**Wednesday, March 6—Note earlier date!****9:45. Breakfast:** *As this is Ash Wednesday, a meatless meal will be prepared by Marie.*

10:00. Extreme wealth could buy a mansion in Millionaires' Row but not immunity from shameful behavior. May Hanna gave hired Pinkerton detectives the slip to sneak out of the country. James Potter, manager of a prominent Euclid Avenue apartment building, gave his family cough medicine laced with poison, killing everyone, including himself. The infamous con woman Cassie Chadwick posed as Andrew Carnegie's illegitimate daughter and forged a fake \$5 million check. **Author Alan Dutka** delves into sixteen tales of anguish and deceit that offer a startling perspective on Cleveland's super-rich. Books will be available at the talk for sale.

RSVP by 1/27.**IRISH AIRE WITH CATHERINE CLYATT SCHROTH** 😊 ✨**Tuesday, March 12**

11:00. This seasonal treat of music is a 30 minute concert exploring the music, poetry and settings of Irish songs, performed by cellist **Catherine Clyatt Schroth.**

RSVP by 3/8. *Light refreshments served.***CHILI COOKOFF****Tuesday, March 5**

11:30. Enjoy ten different chilies and you choose the winner. Coleslaw, dessert and soft drinks provided and door prizes! *Proceeds benefit activity programs at Westlake Center.*

Cost \$5; pay by 3/1.**WENDT TOURING** 😊**2019 EXTENDED DAY TRIPS PREVIEW**

Friday, March 15
1:00. Rich Urbas presents an overview of the extended day trips Wendt Touring has planned for this year.

RSVP by 3/14.**LUNCH AND LEARN WILL RETURN IN APRIL****CARDS, GAMES, AND MORE****Activities must end by 4:30.****Bridge: Tuesdays, 9:30** (just drop in).**Chess: Tuesdays & Fridays, 1:00.**

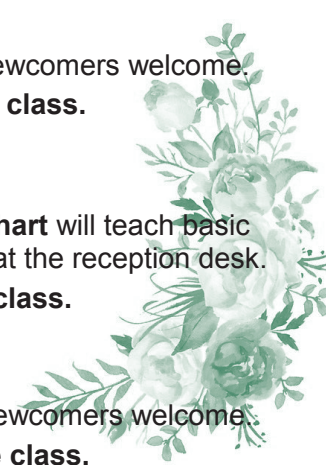
Pinochle: Mondays, 1:00; beginner/intermediate.
(Not 2/18)
Tuesday, 1:00; advanced.

Poker: Mixed: Thursdays, 12:00-3:30**HOSPICE CARDS****Mondays, February 11 & 25****SERVICE CLUB****Wednesday, February 20****9:00.** Assemble newsletters for Community Services.**WATERCOLOR CLASS DIANE****Fridays, 9:00-12:00**

Intermediate experience level. Newcomers welcome.

Cost: \$10/class; payable before class.**BEGINNER WATERCOLOR****Fridays, 1:00-3:00**Each week instructor **Diane Reinhart** will teach basic skills. A supply list can be found at the reception desk.**Cost: \$8/class; payable before class.****WATERCOLOR CLASS PAT****Wednesdays, 1:00-3:00**

Intermediate experience level. Newcomers welcome.

Cost: \$10/class; payable before class.

☺ **THURSDAY AT THE MOVIES** ☺

Morning: 9:00 Snacks; 9:30 Movie Afternoon: 1:00 Snacks; 1:30 Movie

BE SURE YOU ATTEND THE MOVIE FOR THE TIME YOU RESERVED.

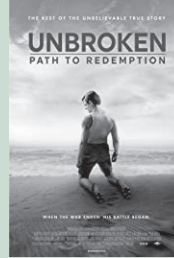
LIMITED SEATING—CALL IF YOU NEED TO CANCEL.

ALL MOVIES SUBJECT TO CHANGE DUE TO UNFORESEEN CIRCUMSTANCES

Please remember—Panera bread arrives at 9:00 and is first come, first served.

February 7—Unbroken: Path to Redemption

Biography/Drama. 2018. Starring Samuel Hunt, Merritt Patterson, Bobby Campo. *When the war ended, his battle began. Based on Laura Hillenbrand's bestselling book, UNBROKEN: PATH TO REDEMPTION begins where Unbroken ends. The story of Olympian and WWII hero Louis Zamperini continues as he meets and marries the love of his life while struggling with his post-war angst, until a chance meeting with Billy Graham in 1949 changes both of their lives forever.* (Rated PG-13 for thematic content and related disturbing images;98 min.)



RSVP by 1/31.

February 14—Little Italy

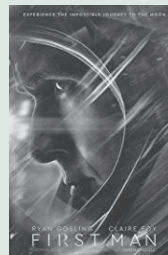
Comedy/Romance. 2018. Starring Hayden Christensen, Emma Roberts, Danny Aiello. *A young chef falls in love with the son of her father's long-time business rival in Little Italy. When their secret romantic relationship is discovered by their warring families, they agree to use a pizza cook-off to decide which family will have to relocate.* (R for some sexual references; 102 min.)



RSVP by 2/7.

February 21—First Man

Biography/Drama/History. 2018. Starring Ryan Gosling, Claire Foy, Kyle Chandler, Jason Clarke. *A Biopic on the life of the legendary American Astronaut Neil Armstrong from 1961-1969 on his journey to becoming the first human to walk on the moon. This explores the sacrifices and costs to the Nation and on Neil himself during one of the most dangerous missions in the history of space travel.* (Rated PG-13 for some thematic content involving peril, and brief strong language; 141 min.)



RSVP by 2/14.

February 28 —A Star Is Born

Drama/Music/Romance. 2018. Starring Lady Gaga, Bradley Cooper, Sam Elliott. *Seasoned musician Jackson Maine discovers -- and falls in love with -- struggling artist Ally. She has just about given up on her dream to make it big as a singer until Jackson coaxes her into the spotlight. But even as Ally's career takes off, the personal side of their relationship is breaking down, as Jackson fights an ongoing battle with his own internal demons.* (Rated R for language throughout, some sexuality/nudity, and substance abuse; 136 min.)



RSVP by 2/21.

THANK YOU TO THE FOLLOWING FOR THEIR GENEROUS DONATIONS IN DECEMBER TO WESTLAKE'S COMMUNITY SERVICES DEPARTMENT

MONETARY

- Jack & Jill Baatz
- Joanne Bartsche Bay Corp.
- Bay Village Post 9693
- Fresh Thyme
- Janet Gortz
- Carolyn Hope
- Mr. & Mrs. Kurokawa
- Fay Pickering & Carmen Marin
- Ken & Judy Smith
- Westlake/Bay Village Rotary Club
- Westlake Firefighters
- Dr. Reid Wenger
- Mr. & Mrs. Zanol

FOOD/GIFTS

- Adopt-A-Family Donors
- Angela Giallourakis
- Roy Danahey
- Estate of Peggy Joanne LaBarre
- Holly Lane Elementary
- Tim King
- Lutheran Home/Concord Reserve
- UH SJMC Auxiliary
- West Bay Center

Activities may be paid by cash (bills of **\$20 or less** in person only), check (payable to City of Westlake), Visa, Discover, MasterCard, or American Express. **Refunds for \$2.00 or less will not be processed.**

This symbol ☺ denotes a free activity or program; and this symbol ♥ indicates a wellness program; and this symbol ✿ indicates a program promoting happiness.

IMPORTANT INFORMATION

The Community Services Department's Food Service License, issued by the County Health Department, prohibits patrons from taking prepared food home from our facility—there are no exceptions.

**FITNESS-EXERCISE**

The City of Westlake does not assume any responsibility for the physical activity readiness of anyone participating in an exercise or exercise-related program. All participants engage in physical activity at the Westlake Center for Community Services at their own risk.

EXERCISE

Mondays, 8:30-9:15 (Not 2/18)
Instructor **Kelly Rigo, NCSF CPT**, will help to increase strength and tone your body.

Cost: \$4; pay prior to class.

ARTHRITIS EXERCISE/TAI CHI AND FALL PREVENTION 😊
Tuesdays, 1:00-2:00

New! Approved by the CDC and taught by **Madeline Crandall**, Certified Instructor. Just drop in!

EMBRACING YOUR BALANCE
Wednesdays, 8:30-9:15

Instructor, **Rob Shulman** will lead the class in leg conditioning sequences and exercises to help with balance. May be done with or without a chair.

Cost: \$5; pay prior to class.

WII BOWLING

Wednesdays, 9-11

Spending the winter indoors enjoying friendly competition.

TUESDAYS WITH LANA

9:00. PiYo. Using a Yoga Mat, PiYo is a low impact high results workout that combines the best of Pilates and Yoga. **First 20 try this class for free (one time) in February. RSVP prior to class date.**

10:00. Restorative Chair Yoga. Gentle yoga exercises are designed to manage chronic pain by connecting mindful movements to breath that work to increase strength, flexibility, and balance.

Cost: \$6; pay prior to class.

ASIAN EXERCISE FOR LIFE
Thursdays, 12:30-1:30

Learn gentle movements that redirect circulation allowing your body's natural healing ability to balance conditions. No side effects.

Cost: \$5/class; pay prior to class.

TAI CHI FOR YOU
Thursdays, 5:30-6:30 p.m.

Cost: \$5/class; pay before 5:00pm

YOGA AT WESTLAKE CENTER

Cost: \$6/class; pay prior to class, before 5:00.

Mondays, 10:00-11:15 (Not 2/18)
Therapeutic. Start on chairs.

Mondays, 6-7:15 p.m. (Not 2/18)
Yoga for Flexibility.

Stretch and strengthen. Perfect for beginners as well as practiced yogis.

Fridays, 9:00-10:15

Therapeutic.

Stretch and strengthen muscles.

Fridays, 10:30-11:45

Slow and gentle chair yoga.

HEALING CIRCLE

Fridays, 12:00

This hour, with Yoga instructor **Lizbeth Wolfe**, combines **Reiki**, the Japanese technique for relaxation and reducing stress, with **meditation**; helping to bring your life back into focus.

Cost \$6; pay prior to class.

Exercise, Balance, Yoga and Healing Circle classes are cancelled when Westlake City Schools are closed due to inclement weather.

**FREE HEALTH SCREENINGS AND SUPPORT GROUPS AT WESTLAKE CENTER****BLOOD PRESSURE—Thursdays (Note times)**

1st, 3rd, 5th sponsored by Rae-Ann Suburban
11:30-1:00

2nd and 4th sponsored by O'Neill Healthcare
12:00-1:00

AGING ALONE

Wednesday
February 6

Details on
page 3.

A NEW WEIGH OF LIFE

Tuesday, February 12

Details on page 3.

BRAIN HEALTH

Wednesday
February 13

Details on page 3.

COMMUNITY INFORMATION

Cuyahoga West Chapter Ohio Genealogical Society At Porter Public Library, 27333 Center Ridge, in the Computer Lab.

HELP SESSION: Wednesday, February 6, 1:00-2:30 p.m. Cuyahoga West Chapter, OGS offers free Family History Research Help Session. Bring pedigree and family group sheet to aid the volunteers in helping you.

PROGRAM: Wednesday, February 20, 6:30-8:30 p.m. PLEASE NOTE LOCATION FOR THIS MEETING ONLY. LDS Westlake Family History Center, 25000 Westwood, Westlake. We will meet in the lobby of the Family History Center's southeast entrance at 6:30 p.m.

SENIOR SUPPER CLUB

Monday-Friday 4:00-7:00 pm

Saturday-Sunday 4:00-5:30 pm

Seniors can eat at **St. John Medical Center's** Terrace View Cafe (cafeteria) for a discount. Anyone over the age of 60 can simply pick up a card from our receptionist for a 40% discount on all food (except bottled beverages and "Simply to Go" items). There is a \$10.00 limit per customer for discount, after that the items are full price.

WESTLAKE PORTER PUBLIC LIBRARY OUTREACH SERVICES

An outreach information flyer is posted in the reception area or contact Kristine Netzel in the Porter Library Outreach office at (440) 250-5448.

Tip Of The Month

When does a senior citizen stop paying taxes? The complicated answer is that the IRS requires you to file a tax return when your gross income exceeds the sum of the standard deduction for your filing status plus one exemption amount. These filing rules apply to all US residents including senior citizens who are receiving social security benefits. However, if you are over the age of 65, you don't count your Social Security as gross income. The good news is, if Social Security is your sole source of income, you don't need to file a tax return.

Breaking down the IRS rule for tax year 2018, you will need to file a return if you are unmarried, at least 65, and your gross income, excluding your social security benefits, is \$13,600 or more. Gross income does NOT include social security benefits. If you have other income that is not tax exempt, you must determine if your non-tax exempt income is over \$13,600.

If you are married and file a joint return and your spouse is also over the age of 65, then you must file if your gross income, outside of social security income, is \$26,600 or more. If your spouse is under 65, that limit decreases to \$25,300. There are some situations in which you would need to include Social Security benefits in gross income. If you are married but file separately, your Social Security benefits are considered gross income and you will likely have to file a tax return. In addition, if the sum of half of your Social Security benefits plus all other income, including tax-exempt interests exceeds \$25,000 for an individual, or \$32,000 for a couple, a portion of your Social Security benefits are considered income and may be taxable.

If you are required to file a return you may be eligible for the tax credit for the elderly or disabled.

The IRS has an online calculator to determine if you are required to file a tax return. It can be accessed at:

www.irs.gov/help/ita/do-i-need-to-file-a-tax-return. **As with any money matters, please consult your accountant regarding any questions you may have.**

NEED HELP?

Contact the Outreach Coordinator Donna Feorene 440-899-3544
Office appointments 1:00-4:00 pm, Monday-Friday

- Medicare
- Transportation—for Westlake residents 60 years and over
- *Are You Okay?*™—computerized home calling service
- Food Pantry
- Applications for government programs
- Wheelchairs & Walkers available to loan—call to reserve, 440.899.3544

FREE MONTHLY COMMUNITY MEALS

A list of free community meals may be found in our reception area.

LEGAL HELP BY APPOINTMENT 440.899.3544

Tuesdays, February 5, 12, 19

3:30 & 4:00. Attorney **Justin Watling**, helps with Living Wills and Health Care Directives at no cost.

MEDICARE HELP BY APPOINTMENT Thursday, February 21 1:00-4:00

Need help with your Medicare options? Call **440.899.3544** to schedule an appointment.

FINANCIAL HELP

A one-time session with a Financial Advisor is available for patrons. Please call the Outreach Coordinator to schedule.

COMMUNITY SERVICES FOOD PANTRY

The food pantry is available year-round to Westlake residents with limited incomes. It includes an emergency three-day food supply of non-perishable food as well as holiday food baskets.

SPECIAL REQUEST FOR FEBRUARY: CANNED PASTA

Donations of non-perishable foods, cleaning supplies, personal care and paper products are accepted at Westlake Center for Community Services during regular business hours. (Charitable forms available for taxes.)

NOTE WE ARE NOT PERMITTED TO DISTRIBUTE EXPIRED FOOD—PLEASE CHECK DATES.**

INCLEMENT WEATHER POLICY

The Community Services Department leaves it up to the discretion of each patron whether or not to attend programs when the weather turns nasty; our building is always open. Please take into consideration your safety before leaving your home! **HOWEVER—Westlake Transportation may be cancelled** when Westlake City Schools are closed due to inclement weather. Calls will be made to all transportation clients that morning if a cancellation is necessary.

PROGRAM LIST—FEBRUARY NAME _____

Lydia Gadd
Director
Cindi Lindgren
Office Manager
Jodi Rodriguez
Jennifer Yoo
Program Planners
Donna Feorene
Outreach Coordinator
Madeline Crandall
Youth Coordinator
Michele Hassen
Administrative Assistant
Susan Laschinger
Secretary
Evelyn Bosau
Gloria Flint
Receptionists
Marie Patten-Blatter
Cook
Rich Frolo
Matthew Carroll
Custodial
Nancy Fox, Marty Kelly, Patrick McNamara, Peggy Marquard, John Price, Mary Rabatsky, Bob Schroeder, Joe Starin, Tom Weaver, Ron Zenkewicz
Transportation

Alice Wills Presents: <input type="checkbox"/> February 5, 12, 19		Sugar Busters <input type="checkbox"/> February 1 & 15		AARP Taxes <input type="checkbox"/> February 4—April 8	
Men's Morning <input type="checkbox"/> Feb. 6	Aging Alone <input type="checkbox"/> Feb. 6	News/Views <input type="checkbox"/> Feb. 6	Coffee/Coloring <input type="checkbox"/> Feb. 8	Meet/Eat <input type="checkbox"/> Feb. 11	A New Weigh <input type="checkbox"/> Feb. 12
Main Lunch-Valentine's <input type="checkbox"/> February 13 \$10		Brain Health <input type="checkbox"/> February 13		Janet Carnell— Pole to Pole <input type="checkbox"/> February 13-March 20 \$10	
Oscar Party <input type="checkbox"/> Feb. 15 \$2	Estate Plan <input type="checkbox"/> Feb. 19	History—Walt Disney <input type="checkbox"/> February 21-March 14 \$10		Happy Healthy Heart <input type="checkbox"/> February 22	
Music Bingo <input type="checkbox"/> Feb. 21 \$4	At Movies-My <input type="checkbox"/> Fair Lady Feb. 22	Storytime at Porter Library <input type="checkbox"/> Love Notes February 25		Thursday Movie—Feb. 7 AM <input type="checkbox"/> PM <input type="checkbox"/>	
Health Screen <input type="checkbox"/> Feb. 26	TED Talk <input type="checkbox"/> Feb. 26	Ted Smith—Best Medicine <input type="checkbox"/> February 25—April 1 \$10		Thursday Movie—Feb. 14 AM <input type="checkbox"/> PM <input type="checkbox"/>	
Reminiscing <input type="checkbox"/> February 26		Interesting... <input type="checkbox"/> Feb. 27	Sing Along <input type="checkbox"/> Feb. 27 \$7	Thursday Movie—Feb.21 AM <input type="checkbox"/> PM <input type="checkbox"/>	
Chili Cookoff <input type="checkbox"/> March 5 \$5	Men's Morn. <input type="checkbox"/> March 6	Irish Aire <input type="checkbox"/> March 12	Wendt Trips <input type="checkbox"/> March 15	Thursday Movie—Feb. 28 AM <input type="checkbox"/> PM <input type="checkbox"/>	

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