









# M.A.A.P.P










## Minor Athlete Abuse Prevention Policy



### Applicable Adults

-  Non-Athlete members
-  18+-year old athlete members
-  Participating non-members: Meet workers-timers, lane marshals, computer operator
-  LSC & Club Staff/Board Members
-  Any other adult with regular access to minor athletes: i.e. Chaperones
-  Not all Applicable Adults have to take the APT or have a background check







### APT Requirement for Adult Athletes

-  18+ year old athletes must take every year
  -  If don't, aren't eligible to compete in meets or at practice
-  Must complete all 3 course AND the survey
-  NOT the same as Free Safe Sport Training for Minor Athletes
-  Will populate in SWIMS and athletes can see completion & expiration date on DeckPass App
  -  Also show up on Meet Recon Report each meet
  -  Clubs can view status on Club Portal







### When Does MAAPP NOT Apply?

-  NCAA Recruiting or NCAA Season
  -  OHSAA Season at non-USA activities
- BUT...is highly recommended to always follow these guidelines for the protection of the athletes

### One-on-One Interactions

-  2 Adults must be present in a meeting with 1 athlete
- AND**
-  In a location easily observable & interruptible
  -  Can be a lifeguard, but their main role is to the pool
  -  Phone calls included: speaker phone w/parent is best option
  -  Private Lessons: Allowed, but observable & interruptible w/guardian being allowed to observe
-  Does not apply in emergency situations

### Social Media/Electronic Communication

-  Observable & Interruptible
-  Must include minor's legal guardian
-  Take place during reasonable hours (8am-8pm), excludes emergencies or competition travel
-  Coaches cannot have social media connections with minors on personal pages
-  Another adult must be copied on group electronic exchanges- this doesn't have to be a parent, could be another coach or board member
-  Emergency circumstances do not apply: i.e. Morning Practice is cancelled due to weather
-  18yo Athletes may still remain on social media and communicate with minor teammates as long as they are not applicable adults

The MAAPP must be reviewed and agreed to in writing by all athletes, parents, coaches and other non-athlete members of each club on an annual basis with written agreement retained by the club.

Sample Form can be found on MAAPP website







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### Travel

-  Legal Guardian must consent, in writing, in advance (form on MAAPP website) for every instance minor travels alone with AA
  - Includes car travel
-  Teams can no longer rent houses during travel
-  Room checks must be 2 adults
-  Adult athletes can share hotel room with minor athletes with written consent from guardian

### Locker Rooms




-  Adult athletes & minor athletes can share locker rooms
-  Only AAs must adhere to MAAPP, not the public when it comes to using locker rooms
-  Any devices-including cell phones are prohibited in locker rooms
-  If a facility only has one locker room, separate usage times for AAs and minors must be designated
-  Guardians are discouraged from entering locker rooms

Possible ways to monitor locker rooms:





-  Conduct a sweep BEFORE athletes arrive
-  Post staff directly outside during use
-  Leave doors open when possible
-  Occasional sweeps

If an athlete goes in and does not reappear in a timely fashion, it is permissible to check on the athlete's whereabouts






### Massages, Rubdowns, Athletic Training Modalities

-  Must be conducted in observable, interruptible by non-coach licensed professional
-  Includes stretching, physical manipulation, injury rehab, stim, dry needling, cupping etc.
  - Ex: A coach CANNOT rub out a knot or help stretch
-  Guardians can give permission for a massage therapist to work on a minor athlete @ practice/meet with advance written consent to the therapist & club

### Hands-on Stroke Technique Guidance

-  Coach should ask for athlete's permission
-  Coach should explain what they are doing and why as they show movement
-  Educate parents that this may occur with an opt-out option
-  Done in observable & interruptible distance from another adult

### Resources Available

-  Customizable Policy for Club for website
  - Need this for Club Recognition
-  Sample Forms to adapt to your Club's Needs
  - Acknowledgement of Policy
-  Webinars
-  Letter to Membership/Language for Meets
-  FAQ & Answers

[www.USA Swimming.org](http://www.USA Swimming.org) → SafeSport → MAAPP

<https://www.usaswimming.org/utility/landing-pages/minor-athlete-abuse-prevention-policy>